

## Ruth Miller's "Emerson Immersion" Weekend

# March 2026 Emerson Immersion

### Details & Instructions

Thank you for registering for the Emerson Immersion at Center for Spiritual Awakening! During about 15 hours on the weekend of March 27-29, Ruth will lead us on a journey through the life and teachings of Ralph Waldo Emerson, explaining and applying his principles & practices, based on Ruth's compilation and "translation" of Emerson's nearly two-hundred-year-old primary texts, in her book *Natural Abundance*.

#### MEETING DATES

Friday, March 27 - Sunday, March 29

#### MEETING TIMES

Friday: 5:30 registration and light refreshments; 6-9pm introductory session

Saturday: 9-12 session, lunch & walk break; 1:30-5pm session, supper break; 6-8:30pm session

Sunday: 10-12:30 (10am CSA Sunday Service and 11:45am Circle Group are part of the program); break; 2-5pm closing session.

#### MEETING SPACE

522 Central Avenue, Pacific Grove, CA 93950

We will meet in the Community Room of the Center, a large, well-lit room with many windows, tables and chairs, located on the ground floor with easy access to restrooms and kitchen.

Please leave your car at the hotel, or park in one of the plentiful spaces on the streets around the building.

#### MATERIALS

A packet of practice exercises will be provided. Copies of the book may be purchased through the MindShop.

Scratch paper, pens & pencils, highlighters, and sticky-notes & tabs are provided.

#### MEALS AND SNACKS

Participants will be provided the following:

Filtered water, tea, and coffee all 3 days and evenings

**Friday** - light supper

**Saturday** - morning snack, midday meal, afternoon snack, evening meal

**Sunday** - midday meal, snack

Food will include fresh fruit and vegetables, a variety of breads (including gluten free) and meats and cheeses, vegetable soup, and sweets for 2 of the meals. Saturday's evening will be catered, with options. Breaks will also include fresh fruits and vegetables, as well as protein and carb options.

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## WHERE TO STAY

Participants are encouraged to stay at the new Kimpton Mirador hotel, which has recently opened across the street, or at the numerous inns around Pacific Grove.

## COST

CSA has established a sliding scale, from \$100 to \$215 for participation in the program. Details are on the [pg-csa.org website](http://pg-csa.org). In addition, there is a \$90/credit cost for those seeking to receive credit from [Emerson Institute](http://EmersonInstitute). The book, *Natural Abundance*, is a separate purchase.

## VOLUNTEER OPPORTUNITIES

The process of gathering and supporting a dozen people over a weekend takes several people doing different tasks. If you're willing and able to do any of the following, please let us know:

- Register participants
- Set up space
- Set up food
- Clean up space/food
- Provide transportation to or from hotels for any who feel incapable of the walk

## CREDIT AT EMERSON INSTITUTE

This is an independent seminar, offered by Center for Spiritual Awakening, but because of Ruth's position and the material being studied, it counts as Practical Spirituality 104 at Emerson Theological Institute. Participants may earn 1 credit (PS 104) for attending the full Intensive and completing a reflection paper (to be sent to Ruth at [Provost@EmersonInstitute.edu](mailto:Provost@EmersonInstitute.edu)); Tuition is \$90/credit, payable with the submission of the reflection paper(s).

More information about Emerson Institute and its programs may be found at [www.emersoninstitute.edu](http://www.emersoninstitute.edu).

## THE FORMAT

As with all of Ruth's classes, the format is informal, with brief presentations followed by dialogue. In addition, at some points, we will read things aloud together; at others, we will rotate reading. **The Friday evening session is an Introduction and open to any and all who are interested.**

## THE PARTICIPANTS

There will be about 12 of us. Most have read some of Emerson's works. Most of us, however, have not been presented the material from the perspective of his contributions to New Thought philosophy, or the evolution of his thought during his lifetime.

## THE PRESENTER

The Rev. Dr. Ruth L. Miller, Ph.D., D.D. became an ordained New Thought minister in the 1990s, following an academic career as a cultural systems scientist. Having been an avid student of American philosophical literature and consciousness studies, she

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discovered used New Thought practices to heal her body, was guided to become a minister and, in the process, learn more about the principles behind the practices. Her many books include a history of the New Thought movement, as well as biographies of, and nearly a dozen "translations" of the writings of, the early teachers. Learn more at [www.ruthmillerphd.com](http://www.ruthmillerphd.com).

### FUTURE WORKSHOPS/SEMINARS

Check [CSA's website](#) for information about other classes and workshops in Pacific Grove.

Ruth is scheduled to return to Pacific Grove twice in June of 2026:

- **June 26-28 "Decoding Troward"** - experiencing the power and possibility in the writings of Thomas Troward, a British magistrate in India who helped found New Thought.

She's also scheduled to be...

In Florence, Oregon most 2<sup>nd</sup> Saturday-Sundays through 2026, offering classes 1-3pm Saturday and speaking at the Florence Unitarian Universalist Fellowship on Sunday, with a Wednesday "Power Up" service there most 2<sup>nd</sup> Wednesdays.

At Unity Village, outside Kansas City, Missouri

- May 4-7 offering a session at the [International New Thought Alliance](#) annual meeting
- October 5-9 leading a colloquium for New Thought instructors and coordinating the Emerson Institute Commencement at the [Affiliated New Thought Network](#) annual retreat

A schedule of Ruth's classes, presentations, and online offerings may be found on her website: [www.ruthmillerphd.com](http://www.ruthmillerphd.com).