



May Lineup of 4 Talks & Two Workshops

Sunday Service 10am

522 Central Avenue,
Pacific Grove 93950
831.372.1942

thecsa.info@gmail.com

Donations Accepted For
Sunday Services

The Mindshop Gifts and Books
831.372.2971

themindshop.csa@gmail.com

Open daily Noon - 5:00 pm
CLOSED MONDAYS

CSA Prayer Treatment Line
24/7 831.275.7222

New Workshops In May

LANGUAGE OF THE HEART- MAKING PEACE WITH CONFLICT

A monthly workshop taught by Dr. Patricia Wolff

Drawing from Nonviolent Communication & Buddhist practices, this workshop series explores embracing relationship challenges as opportunities for increased intimacy, understanding and healing.

Live at CSA:

First Tuesday of Each Month
Starts on May 7th 6-7:30PM

Cost: \$25 per session
(Package of 6 \$125)

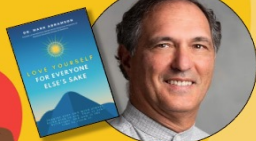
Purchase online at CSA-PG.org



MINDFUL SELF-COMPASSION

A workshop taught by Dr. Mark Abramson Sunday May 18th 1-3PM

You will learn practices in self-compassion and inner peace and how to use the wisdom you already possess for yourself.




Dr. Mark Abramson, founder of Mindfulness-Based Stress Reduction programs at Stanford University School of Medicine, and an author.

Tickets: \$20 in the Mindshop or at CSA-PG.org/Events

Sunday, May 5th 10am
"The Religion of the Healthy Minded"
Dr. Bill Little 

Sunday, May 12th 10am
"Uncertainty – For Sure"
Dr. Bill Little 

Sunday, May 19th 10am
Love Yourself For Everyone Else's Sake
Mark Abramson 

Sunday, May 26th 10am
"Uncovering the Hidden Treasure"
Rev. Karen Shihadeh 



We now have a streaming station where you can watch videos as pay-per-view. Check it out: CSA-PG/CSATV